Helpful Organisations Bereavement support for children and young people



There are many national and local support charities and organisations that offer a range of support for individuals, parents and organisations. Below are some of the charities and organisations with a well-established history of supporting those experiencing grief through a bereavement.



Child Bereavement Network

CBN supports professionals working with bereaved children and young people. The website includes lots of helpful information including resources which can be used to support children.

Tel: 020 7843 6309. Website: www.childhoodbereavementnetwork.org.uk



Child Bereavement UK Charity

Produces lots of ideas and support materials for children and their families.

Calls from schools are answered by someone with classroom experience.

Helpline line 0800 02 888 40. Website www.childbereavement.org.uk [Look under 'Information and Support' tab for different themes]



CRUSE Bereavement Care

Bereavement counselling service for adults and children but also produces resources and helpful leaflets. CRUSE offers a 1:1 counselling service from nearly 200 local branches. Helpline: 0808 808 1677.Website: www.crusebereavementcare.org.uk Aimed at children and young people: www.hopeagain.org.uk this is a website run by CRUSE for children and young people who have been bereaved and want news and information designed for them.



PAPYRUS

PAPYRUS has developed a guide to suicide prevention, intervention and postvention in schools and colleges. It aims to equip teachers with the skills and knowledge necessary to support schoolchildren who may be having suicidal thoughts with Save The Class resources. It runs HOPELINEUK where advisers can talk with children or young people under 35 or

others who are worried about them. The **Bedtime Stories** resources highlight the impact of online bullying.

www.papyrus-uk.org

Winston's Wish

Winston's Wish99

On line resources and advice especially for children and families

Tel: 01242 515157. Website: www.winstonwish.org.uk

Other support organisations



The Church of England's Going for Growth has a web page filled of resources to support bereavement <u>here</u>. These include links to other sites such as 'the power of language' here and

Local Authority

Usually have the availability of professionals who can provide reactive support for schools in the event of sudden tragedies.

Contact LA in which the school operates

Care for the Family

A Christian based charity that seeks to support families in a range of areas including bereavement

www.careforthefamily.org.uk

Mothers' Union

Useful support materials available especially when supporting bereaved children mu@mothersunion.org



The Marie Curie Great Daffodil Appeal is a way to fundraise towards their work to support families living with cancer. Click here for ideas on how schools can get involved. Click here for advice, including what to say or do when a child is returning to school after being bereaved.



A PINTEREST page of bereavement resources here includes useful books and links. Including Rabbityness by Jo Empson; Waterbugs and Dragonflies by Doris Stickney and The Invisible String by Patrice Karst.



Engage Worship has recently released a song written by Sam Hargreaves called "There's a Time For Tears". It draws on

Ecclesiastes 3, Jesus at Lazarus' tomb and 2 Corinthians. Click here for resources including words, video and MP3.



Youthscape signposts to resources that are useful for children/young people's good mental health - mostly aimed at secondary school age pupils.



Mosaic is a Dorset based charity which offers training for schools and support for bereaved children in Dorset. If you would like some advice about how best to support a bereaved child or young person, call <u>01258</u> 837 071 or email <u>info@mosaicfamilysupport.org</u>. Visit their website

here.

BBC

BBC Ideas - A suite of short films focusing on death, bereavement and grief has been made. They may be useful individually to stimulate discussion. For example there is one where Palliative care doctor and

author Kathryn Mannix argues that it's time to break the taboo that exists around death – click <u>here</u>. And another, which centres on how for some, their childhood bereavement has been a source of strength as they have grown up. Click <u>here</u>.